

Health Guidelines Agreement

1 Read & Review

- ☐ **As an enrolled member of the Woodland Park Community School, I agree to abide by the following rules. I understand that if I fail to meet any of these Health Guidelines, my child may be dismissed from school:**
 - 1. Compete all school enrollment forms and turn them in to Health and Safety Officer BEFORE my child attends school. (No child may attend school until all forms have been completed and turned in.)
 - 2. Double check to make sure my child's immunizations are current.
 - ☐ IF CHILD IS FULLY IMMUNIZED: Complete Certificate of Immunization Status form and turn into the Health and Safety Officer.
 - ☐ IF CHILD IS NOT FULLY IMMUNIZED: If, for some reason, you have chosen not to immunize your child, your responsibilities include the following:
 - a. Application for Exemption form must be filled out, notarized and given to the Health and Safety Officer.
 - b. Complete Certificate of Immunization Status listing those immunizations your child has received and turn it in to the Health and Safety Officer.
 - c. You must be completely knowledgeable on the symptoms of any diseases for which your child has not been vaccinated. If your child exhibits any symptoms of these diseases, you must immediately notify the Health and Safety Officer.
 - d. Be prepared to keep your child out of school until the Health and Safety Officer (in conjunction with the King County Health Department) determines it is safe for your child to return. Understand in advance that this time period may be as long as two months, depending on the circumstances.
 - 3. Keep my child and myself out of school if we exhibit any of the symptoms of contagious illnesses below:
 - ☐ Fever within 24 hours
 - ☐ Thick, colored nasal discharge
 - ☐ 3 or more loose, watery stools within 24 hours
 - ☐ Vomiting on 2 or more occasions within 24 hours
 - ☐ Within 48 hours of starting antibiotics
 - ☐ Any evidence of head lice
 - ☐ Any unusual rashes not associated with diapering, heat or allergies.
 - 4. Often the spreading of illness occurs before severe symptoms begin, such as fever, vomiting, etc. Observing your child's behavior is the key way to detect the possible onset of an illness. If your child's normally bright eyes seem sleepy or dull, his/ her level of patience is shortened or appetite decreases, he/she may be demonstrating the first stage of an illness. YOU are the best judge of your child's behavior. It is up to you to keep your child home if you believe he/she is coming down with something

other than a common cold. If you are ill or believe that you are becoming ill and your child is well and attending school, it is your responsibility to find a substitute.

5. The King County Health Department requires that you contact the Health and Safety Officer immediately you suspect anyone in your family has any type of contagious illness (ex: pink eye, chicken pox, head lice, pertussis (whooping cough, etc.)). You must also contact the Health and Safety Officer if you or your child were exposed to a contagious illness. Be prepared to give the date of the exposure.
6. CHICKEN POX POLICY: If you know that your child has been exposed to chickenpox, inform the Health and Safety Officer immediately according the guidelines listed above. The Health and Safety Officer will inform the members of the co-op. Any concerned parents may choose to keep their child at home. The exposed child is not required to stay at home unless he/she actually comes down with the chicken pox. Once a child breaks out with pox, he/she must be kept at home until no longer contagious, meaning all the pox have scabbed over.
7. Agree not to intentionally expose my children/myself to ANY contagious illnesses during the school year (ex: chicken pox, pertussis, etc.).
8. Be overly cautious in regard to hand washing both for adults and children at school. Hands should be washed at the following times:
 - ☐ Upon arrival at school
 - ☐ Prior to handling or eating food
 - ☐ After using the toilet, helping a child use the toilet, or changing a child's diaper
 - ☐ After blowing nose or picking nose (This is a very effective way to encourage children NOT to pick noses, if we all enforce hand washing afterward.)

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Sign

☐ Signature: _____

☐ Printed name: _____ Date: _____